Dr. N. Vertel Inc.

DDS

Certified Specialist in Pediatric

Dentistry

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PRE-SEDATION PATIENT INSTRUCTIONS

For the safe treatment of the patient, the following pre-sedation instructions must be followed very carefully

FOOD AND BEVERAGES

- It is essential that the stomach **be empty at the time of the sedation** appointment.
- Do not give your child any solid foods at least 6 hours of the sedation appointment.
- **Do not allow your child to drink anything, even water**, for at least 3 hours before the sedation appointment.

MEDICATIONS

• It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis

CLOTHING

• Have your child wear loose casual clothing for the appointment (e.g. tee shirt, comfortable pants)

TRANSPORTATION

Public transportation is not recommended

CHANGE IN HEALTH STATUS

• If your child's general health deteriorates (e.g., cold, cough, fever, etc.), contact the dental office prior to the day of the appointment. If in doubt, please phone the office to discuss the change in health status.

If you have any questions, please do not hesitate to contact us. It is important that you understand the circumstances surrounding this treatment.