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*Following sedation, 24 hours may be required for the full effects of the drugs to wear off.*

*During this period, it is essential that you follow these instructions.*

**DISCHARGE FROM OFFICE:**

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

**TRANSPORTATION FROM OFFICE:**

- Private automobile is preferred. Public transportation is not recommended.

**FOOD AND BEVERAGES:**

- Clear liquids and soft foods are advised for at least 6 hours and, after that, diet as tolerated.

**MEDICATIONS:**

- Resume normal medication as directed by physician after appointment.

**ACTIVITY RESTRICTIONS:**

- Don't allow your child to have intense physical activity (running, practicing sports) for the first 24 hours post-sedation

**PROBLEMS:**

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, please notify the dental office immediately