

## **PATIENT INSTRUCTIONS FOR GENERAL ANESTHESIA**

*For the safe treatment of the patient, the following instructions **MUST** be followed very carefully*

### **FOOD AND BEVERAGES**

- It is essential that the stomach **be empty at the time of the sedation** appointment.
- **Do not give your child any solid foods after midnight** of the sedation appointment day
- **Do not allow your child to drink anything, even water**, for at least 3 hours before the sedation appointment.

### **MEDICATIONS**

- It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis

### **CLOTHING**

- Have your child wear loose casual clothing for the appointment (e.g. tee shirt, comfortable pants)

### **TRANSPORTATION**

- Public transportation is not recommended

### **CHANGE IN HEALTH STATUS**

- If your child's general health deteriorates (e.g., cold, cough, fever, etc.), contact the dental office prior to the day of the appointment. If in doubt, please phone the office to discuss the change in health status.

### **CAREGIVER**

- The **child's legal guardian** and one more caregiver must be present at the time of the surgery. We do not recommend young siblings to be present as your child will need your full undivided attention during recovery and for the drive home

*If you have any questions, **please do not hesitate to contact us**. It is important that you understand the circumstances surrounding this treatment.*